

Place
Patient Information
Sticker Here

Your colonoscopy test results and next steps

Your colonoscopy was on:	at:
(month, day, year)	(facility)
by:	
(doctor)	

Your colonoscopy test was

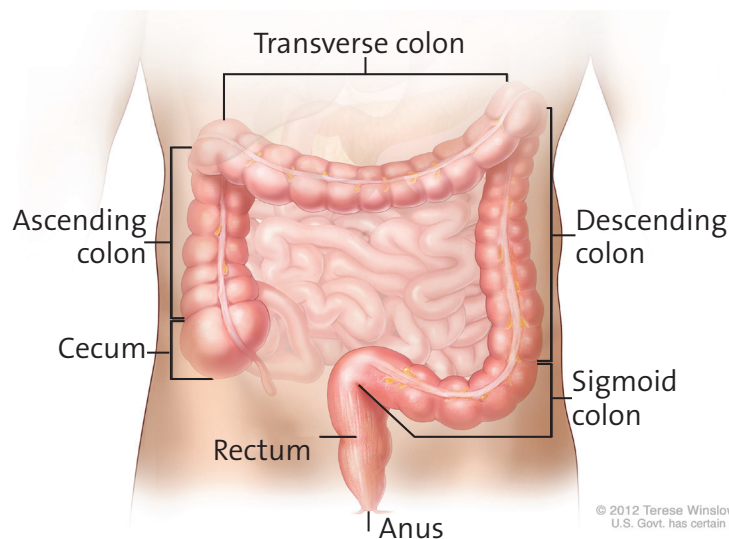
- ☐ **Complete** (the entire colon was seen)
- ☐ **Incomplete** (not all areas of the colon could be seen)

Findings from your test today

- ☐ Your doctor found **no** polyp(s).
- ☐ Your doctor **found** ____ **polyp(s)**.

A **polyp** is a small clump of cells that can grow on the lining of the colon and rectum.

- ☐ The polyp(s) were **removed** and sent to the lab for testing.
- ☐ The polyp(s) were **not removed** at this time.
- ☐ Tissue sample(s) were taken and **sent to the lab** for testing.



Other findings

- ☐ Hemorrhoids (swollen veins located around the anus or in the lower rectum)
- ☐ Diverticulosis (abnormal pouches in the lining of your colon)
- ☐ Other: _____
- _____

Recommendation for your next test

☐ A repeat colonoscopy is **not** recommended for you.



Please go to page 3 and continue reading.

When to have your next colonoscopy



☐ Within **6 months**

☐ Within **1 year**

Colonoscopies recommended within 6 months or within 1 year will be arranged by: _____

OR

☐ In **3 years**

☐ In **5 to 10 years**

☐ Other: _____

☐ In **5 years**

☐ In **10 years**

If your next colonoscopy is recommended more than 1 year from now you will need to **get a new colonoscopy referral** from your family doctor.

OR

☐ The final recommendation for your next test hasn't been decided yet.

Polyp or tissue samples have been sent to the lab. Your family doctor will get the final recommendation in **6 to 8 weeks**.

Please **make an appointment with your family doctor** to review the final recommendations at this time.

If your next colonoscopy is recommended more than 1 year from now you will need to **get a new colonoscopy referral** from your family doctor.



A FIT home stool test is not recommended for you between now and your next colonoscopy.

Other screening test recommendations

A repeat **colonoscopy is not recommended** for you at this time. See below for what screening test is recommended for you.

☐ FIT test in **5 years**

☐ FIT test in **10 years**

FIT is a home stool (poop) test. It's used to screen for colorectal cancer in people at average risk. Please make an appointment with your family doctor when it's time to do your FIT.

For more information about FIT please ask your family doctor or visit screeningforlife.ca

☐ You may not need another colorectal cancer screening test. Please make an appointment with your family doctor to discuss if another test is needed.

☐ **CT Colonography** (virtual colonoscopy). The facility will make arrangements for this test.

Your family health history



Family history is one of the risk factors for colorectal cancer. If there are health changes such as polyps or colorectal cancer in a first degree relative (like a parent, sibling or child) please let your family doctor know. It may change when your next test is booked.

If you are diagnosed with a precancerous polyp (a kind of polyp that can turn into cancer if it's not removed) or colorectal cancer please share this information with your first degree relatives. Ask them to speak to their own family doctor about the need to screen for colorectal cancer.

Visit screeningforlife.ca for more information.



**Please
do not
ignore
new bowel
symptoms**

Although the colonoscopy is very accurate, it is possible for polyps and even cancer to be missed. This is why it is important to never ignore new bowel symptoms like:

- Rectal bleeding
- A change in your bowel habits (narrow or ribbon like stools, diarrhea or constipation)
- Pain in your abdomen (belly)
- Losing weight and you don't know why

See your family doctor if you develop these or any other symptoms you're worried about.

Facilities may use this page to attach additional information
